Always Available - A selection of freshly made pizza, paninis, sandwiches and rolls. Pasta and a choice of sauces **Daily Desserts** - A selection of homemade desserts, fruit or yogurts. Other alternatives offered daily

MONDAY

Week

Toad in the hole served with mashed potato and an assortment of vegetables

Piri Piri chicken wrap served with lemon and herb rice

Double bubble salmon fillet served with potato wedges and salad

> Ham and vegetable pasta bake served with potato wedges and salad

TUESDAY

TORFAEN BWRDEISTREF SIROL COUNTY BOROUGH TORFAEN

WEDNESDAY

Roast turkey and stuffing

served with

roast and boiled potatoes,

seasonal vegetables and gravy

Sweet and sour chicken served with rice or noodles

THURSDAY

Cooks' choice curry

served with

boiled rice and Naan bread

served with chips or mashed potato, peas, baked beans or salad

FRIDAY

Jumbo sausage

served with

chips or mashed potato, baked

beans or salad

Battered cod

Vegetarian toad in the hole served with mashed potato and an assortment of vegetables (v) Tomato and basil pasta bake served with salad and garlic bread

Creamy root vegetable gratin

Vegetable curry served with boiled rice and Naan bread (v)

Vegetable sausage served with chips or mashed potato, baked beans or salad

Week Starting – 02/09/24, 23/09/24, 14/10/24, 11/11/24, 02/12/24, 06/01/25, 27/01/25, 17/02/25

If you have a food allergy or intolerance, please speak with a member of the catering team before choosing your meal.

(v) = Vegetarian Option

Week Z

Always Available - A selection of freshly made pizza, paninis, sandwiches and rolls. Pasta and a choice of sauces **Daily Desserts** - A selection of homemade desserts, fruit or yogurts. Other alternatives offered daily

MONDAY

Pork meatballs in a tomato and basil sauce served with spaghetti and garlic bread

Jumbo Fishfinger served with mashed potato, vegetables or baked beans

Vegetarian meatballs (v) in a

tomato and basil sauce

served with

spaghetti and garlic bread

TUESDAY

Hunters chicken

served with

wedges, salad and coleslaw

Meat filled calzone served with wedges, coleslaw and salad

served with

BWRDEISTREF SIROL TORFAEN COUNTY BOROUGH TORFAEN

WEDNESDAY

Roast beef and yorkshire

pudding

served with

roast and boiled potatoes,

seasonal vegetables and gravy

Vegetable calzone Quorn vegetarian cottage pie served with wedges, coleslaw and salad seasonal vegetables and vegetarian gravy (v)

Cheese and potato pie served with assorted vegetables

Cooks' choice curry served with boiled rice and Naan bread

THURSDAY

Vegetable curry served with boiled rice and Naan bread

chips or mashed potato, peas, baked beans or salad

> **Quorn dippers** served with chips and salad

Week Starting – 09/09/24, 30/09/24, 21/10/24, 18/11/24, 09/12/24, 13/01/25, 03/02/25

If you have a food allergy or intolerance, please speak with a member of the catering team before choosing your meal.

(v) = Vegetarian Option

FRIDAY

Crispy chicken fillet

served with

chips or mashed potato,

beans or salad

Battered cod

served with

Week 3

Always Available - A selection of freshly made pizza, paninis, sandwiches and rolls. Pasta and a choice of sauces **Daily Desserts** - A selection of homemade desserts, fruit or yogurts. Other alternatives offered daily

MONDAY

TUESDAY

Minced beef and onion pie served with mashed potato and an assortment of vegetables

Sweet chilli chicken noodles served with garlic bread and salad

Quorn beef and onion pie served with mashed potato and an assortment of vegetables

Chilli taco with sour cream and tomato salsa served with a seasonal salad

Fishwich served with herby diced potatoes and assorted vegetables

Mac'n'cheese served with assorted vegetables

SWRDEISTREF TORFAEN SIROL TORFAEN COUNTY BOROUGH

WEDNESDAY

Roast pork and apple sauce

served with

roast and boiled potatoes, and

an assortment of vegetables

and gravy

Vegetable patty served with roast and potatoes and an assortment of vegetables and vegetarian gravy (v)

Quorn curry served with boiled rice and Naan bread (v)

THURSDAY

Cooks' choice curry

served with

boiled rice and Naan bread

Mexican loaded wedges

served with

coleslaw and a

mini corn on a cob

FRIDAY

Battered cod served with chips or mashed potato, peas, or baked beans or salad

Chicken burger in a bun served with chips and salad

Southern fried quorn burger in a bun (v) served with chips and salad

Week Starting – 16/09/24, 07/10/24, 04/11/24, 25/11/24, 16/12/24, 20/01/25, 10/02/25

If you have a food allergy or intolerance, please speak with a member of the catering team before choosing your meal.

(v) = Vegetarian Option