

DO YOU KNOW WHERE TO GO FOR URGENT MEDICAL HELP?

Please **DO NOT** attend a Minor Injury Unit if you have a life-threatening injury or illness as there is no longer a full range of back up services available to support a full Emergency Department.



**CALL 999 OR GO TO
THE GRANGE UNIVERSITY HOSPITAL**
if you have a **LIFE-THREATENING ILLNESS** or **SERIOUS INJURY**

such as: falling down more than 5 steps (or greater than 1m), stab wounds, stomach injuries, pedestrian being hit by a vehicle, head or face injury (resulting in being knocked out, vomiting, dizziness, blurred vision, bad headache), fracture with bone puncturing the skin, neck or back injury with numbness down arms and legs.



GO TO A MINOR INJURY UNIT
at Nevill Hall, the Royal Gwent, Ysbyty Ystrad Fawr or
Ysbyty Aneurin Bevan Hospitals,

if you have a minor injury, such as broken bones (fractures) and dislocations to toes and fingers, wounds or grazes, minor head or face injuries, minor neck or back injuries, eye, ear or nose injuries, rib injuries and bites.



CONTACT NHS 111

if you need urgent medical help or advice,
and you are unsure where to go.
You can also use the NHS 111 online symptom checker -
111.wales.nhs.uk/SelfAssessments.



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