

My Transition Plan

My name is _____

My date of birth is _____

I wrote this plan on _____

I was helped with this plan by _____



My Profile

What do people like and admire about me?

What am I good at?

What is important to me?

What makes me really happy?

What is important for me?

What support do I need?

More about me

You can just fill the sections in that matter to you:

College, work and training

What sort of work would you like to do in the future?

What skills and training do you need?

Having fun

What do you like doing in your spare time?

Communication

What support do you need with communication?

Family and Friends

Who are the most important people in your life at the moment?

Keeping safe and healthy

Give details of health needs such as allergies or medication.

Where I live

Give details of any housing issues.

Transport

Give details of any support you need with transport.

Money

Give details of any support you need with money.

Hopes and Fears

My hopes for the future are:

My fears for the future are:

Making an Action Plan

What needs to happen?	Who will do this?	When?

Permission to share the information in this plan with other people

If you agree to other people reading this plan, please sign below:

Signed _____ Date _____