

My Transition Plan

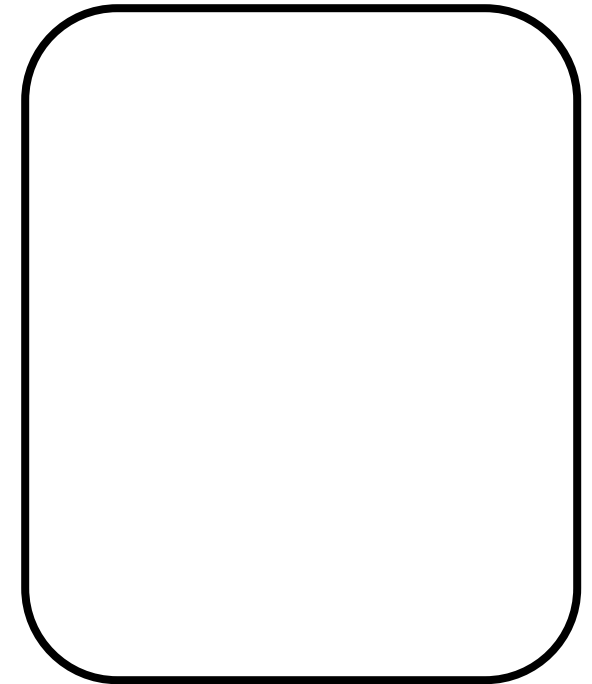


My name is _____

My date of birth is _____

I wrote this plan on _____

I was helped with this plan by _____



You can save this plan as a Word Document, and type into the tables.

If you need more space then the tables will expand.

You can insert a photo into the photo frame, or delete the frame if it's not needed.

My One Page Profile



What do people like about me?
What am I good at?

What is important to me for the future?
What will make me really happy?

What is important to me now?
What makes me really happy?

What is important for me?
What support do I need?

More about me

<p>School College University</p> 	<p>What is important to me now and in the future</p>	<p>What support do I need</p>
<p>What do you want to learn? Which courses could you do? - support needs - travel - funding - holiday options - college workshops - community education - taster courses - contingency plan needed?</p>		
<p>Work Training Day time Activities</p> 	<p>What is important to me now and in the future</p>	<p>What support do I need</p>
<p>What do you want to do in the daytime- interests - types of work - supported employment - voluntary work - work experience - support in day and community activities</p>		

Having fun



What is important to me now and in the future

What support do I need

Leisure - hobbies - holidays - where to go - who to contact - support needs - how to get there

Communication



What is important to me now and in the future

What support do I need

How should people communicate with you? Do you have a communication chart?
Do you need an interpreter? Do you need any help to use a phone, computer, or written words?

My family



What is important to me now and in the future

What support do I need

What help do you get from your family? What help would you like to get from your family?

Religion & Culture - Short breaks

Friends



What is important to me now and in the future

What support do I need

Who are my friends - how to keep in touch - who can help - making friends

Keeping Safe and Healthy



What is important to me now and in the future

What support do I need

Health needs - medication - allergies - diet - personal safety - support - personal care - feeling good sex education - any worries - health appointments (doctor, dentist, optician, hospital)

Where I live



What is important to me now and in the future

What support do I need

Where and how you live - who you live with - how you are supported - who will support you - funding - getting a home of your own - renting - housing benefit - independent living skills

Transport



What is important to me now and in the future

What support do I need

Independent travel - travel training - funding - support - bus pass - train pass - DLA Mobility - Motability - driving lessons

Money



What is important to me now and in the future

What support do I need

Coping with money - budgeting - opening a bank account - Direct Payments - Education Maintenance Allowance - Student loans - Getting benefits advice (DLA, ESA, other benefits, tax credits)

Action Plan

What needs to happen	Who will do this?	By when?	Completed Date

People who can support me with this transition plan:

Name	Job/Role	Contact details

Written information that can be linked with this transition plan

Name of Document	Written by	Date

Consent to share information

If you agree to other people reading this plan, please sign below:

Signed by
Young Person:

Signed by
Parent(s):

Date:

Please record any comments on the young person's capacity to consent to sharing of information, or any comments on the Transition Plan:
